



The  
Growth  
Strategist

**Steinar Almelid** [PhD] assists clients to become a stronger leader in their fields. Together with CEOs and presidents he guides the alignment of vision with strategy and leadership in what's meaningful and healthy for company and people.

With a natural drive to excel, Steinar hails from being a Senior Military Strategist, Chief exercise and Training, and a seasoned pilot. He's also been hang gliding with sea eagles, riding superbikes and is still the world's fastest cyclist. A father of three. Our CEO.



Executive Coach  
and  
Change Agent

**Michelle Greenhalgh** is a highly experienced executive, a registered psychologist, ICF certified coach and facilitator. She has lead multi-year global assignments leading people and organisational change. With her global HR responsibilities spanning 30 years, Michelle deeply understands the challenges that executive teams face in aligning organisational strategy, culture and systems to maximise performance in complex organisations.



Leadership  
and  
Sales Training

**Kristen Hansen** is a sought-after speaker, trainer and coach on leadership, leveraging neuroscience performance methodology and emotional intelligence. Combining mental training with 20 years as a Sales Manager for major companies, she currently develops executives from companies such as Google, Allianz and major banks. She's our prime Keynote speaker.



Inner Growth  
and  
Leadership

**Mats Graf** is an international mentor, inspiring groups and individuals to grow and thrive. Functioning as a tuning fork for workplaces and individuals, his services yield uplifting impacts, both here-and-now and longterm. With a lifetime of researching the deeper layers of body, mind and soul, Mats delivers brilliant results throughout.

Strategy  
Leadership  
from Group  
to Team  
Societal  
Development



[vistra.com.au](http://vistra.com.au) [gday@vistra.com.au](mailto:gday@vistra.com.au)

[vistra.no](http://vistra.no) [hei@vistra.no](mailto:hei@vistra.no)