



# The 5 Qualities of *Healthy Leadership*

## **Strategic Vision**

With the essential at the fore, leaders drive vision, strategic direction and qualities of culture and leadership. Fresh goals being established, vigilance is upkept to ensure operational efficiency & thrive.

## **People Passion**

Great leaders employ inspiring ways of establishing direction and inclusion. Loving their work, their passion and human warmth rubs off onto those around them.

Healthy leaders are resilient – far more creative than reactive, integrating altruistic values and higher consciousness into leading by inspiring example.

**Authenticity & Transparency** are core to any effective leadership. Are you living up to it? Embodying these two will make you walk the talk.

**Clarity of Communication** is essential for leaders to integrate with other values. Moving beyond productivity focus, great leaders inspire, reassure and guide everyone. They model their leadership values and instill them through the team.

**True Courage** requires being forthright, energetic, and fearless. Such courage can easily be misconstrued, but greatness does not come cheap. While the waves of change are real, often causing chaos before clarity, a great leader will understand the signs in time and take bold action.