



Are you a CEO wanting to dent the universe?

Becoming a stronger leader in your market will align your company, focus and increase output, attract the leaders you really want and make you more attractive to prospective buyers and partners.

Align your company with what the future holds, beyond governance expected, and stakeholders will rally behind – increasing growth further.

Growing your organization powerfully and cohesively

Vistra Consulting Group assists you in becoming a stronger leader in your field. Our hallmark approach helps leadership groups in navigating complexity, converting challenges into opportunities and defining genuine outcomes, like:

- The *"Integrated Strategic Leadership"* HQ at Akershus for the Norwegian Military.
- *"The Foundation of Values"*, leadership advice distributed widely at 100,000 copies.
- *The "Wisdom for Business"* pamphlet, inspiring guidance for individual leadership.
- Strategic cultural challenges solved, inspiring the group to create a monetizing ship configuration that in times of strife for oil support, fueled their bottomline for years.
- Developing *"The Societal Development Model"* (2021) for strategic change initiatives.

[Book a 15-Min Exploration Call >>](#)

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au



Steinar Almelid

CEO & Founder

The Growth Strategist



Steinar works with leaders and project owners wanting to make this world a better place, one initiative at a time. To create a proper dent in the universe, such high-flying projects must be managed professionally by harmonizing vision with resources and what wild and extraordinary outcomes we can possibly manifest. When are you ready to start?

Steinar's natural energy to excel has taught him how to relax and expand under pressure to deliver uniquely sustaining growth solutions. As a senior strategist for the Norwegian Military, Chief Exercise and Training at their Operational Headquarters and a seasoned pilot, Steinar retired a Lieutenant Colonel at age 41. Steinar's passion to soar-in the air and on the ground—has taken him hang gliding with sea eagles, motorcycle riding on superbikes and as one of his manifestations, the new Integrated Strategic Leadership HQ for the Norwegian Military.

Education

Steinar's curiosity compels him to continually master and expand new learning horizons. Steinar was the number one student at the Royal Norwegian Air Force Pilot School, and was given the award for "Best Research Paper", his recognized PhD level thesis while at Air Force College. Steinar attended U.S. Navy Flight school and become a distinguished pilot, receiving gold U.S. navy wings sparingly awarded. Steinar is certified by Pacific Integral in "Generating Trans-formative Change'-a 9 month periodically residential program in Seattle. Bob Anderson, author of *Master Leadership* and founder of The Leadership Circle personally trained and certified him.

Pinnacle leadership experience

With a swift military career, Steinar held top positions such as Senior Strategist; transforming the bigger picture for the Norwegian Military. As Chief Exercise and Training he coordinated NATO exercises with 70,000 soldiers and 200 aircraft. In sports he has three record distance flights in hang gliders, while being national team leader. In road cycling, he was a contributor to three consecutive team wins on the worlds longest continuous road bike race. That story, including his unofficial world record for cycling sprint, [is told here >>](#)

Published works include "The Foundation of Values", and several articles on strategy in 2021.

Cell: +47 415 71 612
Email: steinar@vistra.no

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au



Kristen Hansen

Partner

Neuroscience on Leadership



Essential

Kristen is an international speaker, trainer and coach helping clients improve their leadership, coaching skills, sales and performance. She works with leaders and professionals who want a scientific, brain-based approach to leadership, persuasion, motivation, coaching, resilience, adaptability, sales, innovation and peak performance; to build resilience, adaptability, persuasion, coaching and leadership skills. Supporting organisational change, she provides tailored workshops, keynote presentations and coaching programs.

Education

Kristen has a Masters on Neuroscience of Leadership. She is the Australian partner for SalesBrain, and accredited in various psychometric assessments; like PRISM Brain Mapping Practitioner (world's first online neuroscience based profiling assessment), DiSC and Emotional Intelligence.

Leadership experience

Kristen has 20 years' experience as a sales manager for Australian icon companies such as Bonds, Fairfax and News Limited, She's a trained and certified coach by the NeuroLeadership Group and the International Coach Federation, facilitator for the Australian Institute of Management and Master Trainer for Genos International (Emotional Intelligence).

Cell: +61 414 504 797
Office: +61 2 8901 3311
kristen@vistra.com.au

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au



Michelle Greenhalgh

Partner

Executive Facilitator & Coach



Essential

Michelle is a highly experienced executive, a registered psychologist, ICF certified coach and C-level facilitator. She has lead multi-year global assignments leading people and organisational change. With her global HR responsibilities spanning 30 years, Michelle deeply understands the challenges that executive teams face in aligning organisational strategy, culture and systems to maximise performance in complex organisations.

Passion for leaders development

Michelle is driven by a passion to maximise leaders' ability to reach their potential by making a lasting difference for themselves, their teams and their organisations – and loving the journey.

With extensive executive HR experience in global businesses across her 30+ year career, Michelle deeply understands the challenges that executive teams face in aligning organisational strategy, culture and systems to maximise performance and potential. Michelle has held global Head of HR roles between 2003 and 2020, mainly in the resources and contracting sectors. Her work has included significant multi-year assignments. She has led teams in many countries including the UK, Australia, Peru, the Democratic Republic of Congo, South Africa, Laos PDR, Jamaica and New Zealand.

Michelle's most recent role involved international strategic leadership of HR in a global mining company where she applied her insight and wisdom designing organisational interventions and supporting leaders and executives lead successfully in a complex and challenging environment of growth, business integrations and divestments.

In 2020 Michelle left her corporate role to focus on her passion for coaching and leadership development. Her executive services cover a broad area from board, through C-Level to leadership groups at NGO's.

Mobile: +61 417 963 912
Email: michelle@vistra.com.au

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au



Mats Graf

Partner

Human Growth & Inspiration



Essential

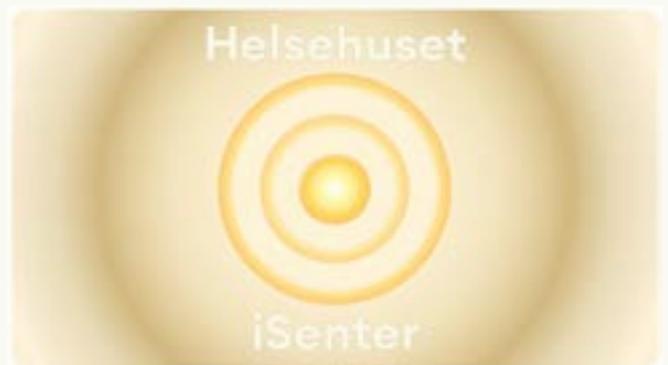
Mats assists individuals and groups in realizing their greater gifts, finding fresh avenues to actualize them in life and business. He has the ability to operate like a tuning fork for organizations, work-spaces and individuals, enabling a more harmonious well-being to arise. Masterful at what he delivers, he's also established and managed human growth centers in Stockholm and Oslo for the past 25 years. Working internationally, he serves clients in Norway, UK, Germany, USA and South-East Asia.

Realizing human growth potential

His clients report that his support is impacting both directly in the "here and now" as well as in the long run. Mats is the first certified teacher in the IKYA Meditation™ approach. It constitutes a series of groundbreaking methods to inspire people bringing out their inner depth, and reap from that growth in their work lives. He brings a multitude of approaches and methodologies for growth, and applies what uniquely suits each client at that very session.

A lifetime of deeper learning

Mats has a Master in the humanities, and has also studied medicine. With a lifetime of learning the deeper layers of human beingness, honing his masculine strength with an open heart, Mats delivers inspiring results throughout. He enables the gems within.



Mobile: +47 908 99 150
Email: mats@vistra.no

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au

Creating Healthy Impact





"MAJOR EFFORT"
"HIGHLY VALUABLE"
"PROFESSIONALLY HELD"

Strategy >>

“
 Vistra delivers highly valuable processes, utilizing effective and inspirational approaches. Our work together over three years, a complex Vision & Strategy process for our global and multicultural leadership group, was professionally held for the bigger picture as well as all the important details.
 Group feedback is unanimously positive. Our successful endeavour has been a major effort where you are key elements, and I thank you again for your contribution. It has certainly been a most rewarding collaboration. ”

~Torgeir Ramstad, CEO Aker MC



Bård Ljones
CEO
MAN Scandinavia

Our collaboration kicked-off a long-term profitable development process for my sales team.

The report became a reference for the future development of our company.



Rolf Sjetne
CEO

During my extensive time with Chevron, I have experienced all the major consulting houses. This was better.

In our leadership group we have more drive and openness.



Jan Reksten
Vice Admiral

This is a most essential strategy for our military.

Rather than holding on to what is, it compellingly describes a future to believe in.



Jon Sandnes
EVP

A demanding and complex process, and professional handling was paramount.

It was conducted with compassion, strength and dignity, yielding a powerful outcome solidly beyond expectations.

[HOME >>](#)

[CV STEINAR >>](#)

[KRISTEN >>](#)

[MICHELLE >>](#)

[MATS >>](#)

[CLIENT CASE >>](#)



Serving Presidents & CEO's – we facilitate ♦ Strategic Vision ♦ Organizational Enrollment ♦ Executive Development ♦ Leadership Training

Norway – Australia – USA

www.vistra.com.au gday@vistra.com.au